



Ark Hot menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Meaty meals	Chicken Sausages	Marinated Chicken	Pizza Slice	Battered Fish	Selection of sandwiches and baguettes
Veggie Meals	Vegan Sausages	Veggie Chilli	Falafel with Yoghurt Dip	Vegetable Pasta Bake	
Sides	Baked Beans Or Mix Vegetables Herby Diced Potatoes	Sweetcorn Spicy Rice	Mixed salad Or Baked Beans Chips	Peas Wedges	
	Selection of Sandwiches and Baguettes served daily (Secondary only)				
Jackets	Jacket potatoes with various hot and cold fillings – served Monday to Thursday				
Sides	Mixed salad pot served daily				
Sweets	Doughnuts	Lancashire Cookie	Chocolate Crunch	Ginger Sponge	Mix Desserts or Yoghurts
	Fresh fruit every day				



Ark Hot menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Meaty Mains	Chicken Goujons	Lamb Burger in a Bun	Pizza Slice	Chicken Balti	Selection of sandwiches and baguettes
Veggie Mains	Macaroni Cheese	Chickpea and Sweet Potato Curry	Fish Fingers	Samosa's with Yoghurt Dip	
Sides	Peas and Sweetcorn Garlic Bread or Wedges	Broccoli Seasoned Rice	Chips Beans Chips	Mixed Vegetables Naan Steamed Rice	
	Selection of Sandwiches and Baguettes served daily (Secondary only)				
Jackets	Jacket potatoes with various hot and cold fillings – served Monday to Thursday				
Salad	Mixed salad served daily				
Sweets	Chocolate Cracknel	Cookie	Ice Cream Or Sponge	ShortBread	Mix Desserts Or Yoghurt
	Fresh fruit every day				