

17 February 2022

Dear Parent/Carer,

Our PSHE and RSE Programme

I am writing to re-share information about our Personal Development and RSE curriculum. **We are keeping the curriculum the same as last year due to the successful consultation with secondary parents – no changes have been made.** We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal Development Curriculum and our Relationships, Sexual Education (RSE) programme, aligning with the statutory guidance from the Department for Education, which became compulsory in schools in September 2021.

This programme looks at many topics including all kinds of relationships, physical and emotional health and living in the wider world. The aim of these programmes is to help our pupils make safe and informed decisions during their school years and beyond. We teach RSE throughout the year through Science, PSHE and 'Drop Down' days. The following topics are covered:

- Puberty; relationships, growing up and communication skills
- Pregnancy; contraceptives; prevention of sexually transmitted diseases
- Identification and prevention of different types of abuse, including female genital mutilation
- Body image
- Viewing and sharing inappropriate material on the internet
- Consent; manipulation, persuasion or coercion; how to respond
- The impact of separation, divorce and bereavement on families
- Role of gender in the media
- How to access organisations and other sources of information, advice and support

During the programme, pupils will be able to ask questions, which will be answered factually, and in an age-appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information. We think it is important that all young people have a place to discuss pressures, check facts and dispel myths.

We appreciate that parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. We will be having a meeting on the 9th March at 15:45 for parents, should you wish to discuss the curriculum. Please contact the school to attend the meeting or discuss the programme in further detail.

Yours faithfully,



Mr Brown

Deputy Headteacher/Personal Development All Through