

October 2021

Dear parents & year 11 students,

Following the letter Ms Masoud, Head of Year 11 sent to you on the 1<sup>st</sup> of October, I write with further information and to formally invite students to the year 11 conference at Ark Victoria Academy.

### **Thursday 21<sup>st</sup> October**

On Thursday 21<sup>st</sup> October year 11 students will be following a programme of support to give them the best opportunities to success in their mock exams and later GCSE examinations. In the morning we will welcome 'Positively You' to Ark Victoria Academy to deliver two workshops that will focus on revision skills and preparation for mock exams and in the afternoon, students will have master classes in English and Maths delivered by subject specialists.

Students should arrive to school on the 21<sup>st</sup> at 08.30 and go straight to the year 11 work zone. All students must attend school on this day bringing in their school bag and wearing smart dress, this does not include leggings, trainers, or jeans. Lunch will be provided for students on the day and students will be dismissed from talbot Gate at 3.00pm.

### **Resilience workshop**

This highly popular resilience workshop focuses on boosting students mental, academic, and emotional resilience along with overcoming challenges, confronting habitual thought patterns, developing a growth mindset, breaking down problems into manageable areas and adapting to adversity. Students will learn about the power of their brain and the importance of learning from their mistakes and using them as a platform to success.

### **Motivation workshop**

This inspirational workshop will empower students with self-motivation and healthy, target-centred thinking patterns. Students will become conscious of and manage their own state of mind and make the fundamental attitude and motivational shift needed for lasting changes which lead to achievement and success.

### **Parent workshop**

We have organised for 'Positively You' to offer a one-hour Parent Twilight session for parents and carers from 5pm on the 21<sup>st</sup> of October, the day of the school workshop. The twilight sessions will be delivered virtually and are timed to support you. It is simple to set up and follows all safeguarding policies.

The twilight sessions are fun and informative and offer parents the perfect opportunity to encourage and support students at home as they try out their new skills. We will text out to parents on the day of the twilight with a link to join the online session.

### **Friday 22<sup>nd</sup> October**

On Friday 22<sup>nd</sup> October students will work from home and receive online masterclasses in science and options A, B & C.

Mrs V Chatwin

**Associate Head Teacher – Attendance, behaviour, culture & ethos**