

PSHE - RSE	L1	L2	L3	L4	L5	L6
Y1	<p>What makes a family? Care/love/respect what is the same/different? Families can look different siblings/live with aunts/grandparents/parent could live somewhere else</p>	<p>Growing up – what is responsibility? What do grown ups do-work/house/care How can pupils help in the house? What job would they like to do?</p>	<p>What are the stereotypes for boys and girls? What hobbies/jobs can boys and girls do? Do children have to play with certain toys?</p>	<p>What does a friend look like? Qualities of a friend How do friends make you happy?</p>	<p>What makes a great friend? How can they be a good friend to others? What happens if a friend makes you sad?</p>	<p>How do I keep myself safe? Crossing the road, talking to strangers, who can they ask for help?</p>
Y2	<p>What makes a family? Draw your family How should we treat people in our family? Families can look different siblings/live with aunts/grandparents/parent could live somewhere else</p>	<p>What is it like to be part of an adopted family? What is adoption? How might it feel to live with an adopted family?</p>	<p>What makes a family; features of family life When do pupils feel loved, provided for, cared for and protected? How can they do that for members of their family?</p>	<p>How do I keep myself safe with family and friends? Which people can help us? Who can they speak to if they don't feel safe?</p>	<p>How do I become a good friend and classmate? Thinking of their good qualities. What do they like in a friend? What is unfriendly behaviour?</p>	<p>How do I get help if I'm worried about something online? Being aware of strangers. Who can they talk to? Which 5 people can they ask for help?</p>
Y3	<p>Who is a special person to me? How do I feel about them- why? What does it mean to respect people? How can we disagree with others in a respectful way?</p>	<p>What can make someone sad online and what can I do to help? What is cyber bullying? What makes you sad on the playground?</p>	<p>What are the rules about sharing online? Who can I ask for advice? Is the internet always safe?</p>	<p>Why do I need to be careful about what I share online? Should you talk to strangers? What does permission mean?</p>	<p>Should I ever share a photograph online? What photographs do you have? Why would you want to share it?</p>	<p>Should I ever talk to a person online? What if someone asks to be my friend online? Would you talk to a stranger in the street?</p>
Y4	<p>What is discrimination? Why would someone be discriminated against? Race/gender/religion/age/nationality Examples of non-discrimination (not tall enough for a rollercoaster)</p>	<p>How might it feel to be discriminated against? Have you ever felt unfairly treated? Is there anything about you you can't change? How would you feel if this held you back?</p>	<p>What happens to my emotion and feeling as I get older? What are emotions? How do they feel today/have felt in the past? Why do we feel stronger emotions as we get older?</p>	<p>How do I challenge stereotypes? What is a stereotype? Pupils given scenarios - can girls play football/can men be nurses?</p>	<p>How do I build positive relationships? What is a good friendship? How should you treat others? What if you disagree with your friend?</p>	<p>What should a positive relationship look like? What is an unhealthy relationship? Who can you talk to if you have friendship issues?</p>

Y5	<p>What do I need to know before I share something online? Should you always trust the internet? Would you speak to strangers in the street? What personal information should you keep private?</p>	<p>How do I check what I am seeing is real online? Who can help me at home/school? Why would there be untruths online?</p>	<p>How do I protect myself online? Who can I speak to for help? What personal information/photographs would you share with a stranger?</p>	<p>What changes happen to my body? (Boys and girls taught separately) Physical changes to their body during puberty Chance to ask questions To know who to ask for help</p>	<p>What changes happen as I get older? (Boys and girls taught separately) Emotional changes Year 5 problem page- spots/friendship/wet dreams/periods/mood swings</p>	<p>How do I keep myself clean? (Boys and girls separated for lesson) Importance of good hygiene Chance to ask questions</p>
Y6	<p>What does good and bad attention look like? What is attention? How does it feel to be celebrated in assembly? How might you feel if someone was negative towards you? What is cyber bullying?</p>	<p>How does self-esteem affect how I behave online? How can you stay safe on social media? Are online friends real friends?</p>	<p>How do I recognise and manage pressure? What might people pressure us to do? How might it make you feel? Who can you speak to at home/school</p>	<p>Can I remember how I am changing? Physical changes to their body during puberty Chance to ask questions To know who to ask for help</p>	<p>What changes as I start to get older? How do I keep myself clean? Emotional changes Year 5 problem page- spots/friendship/wet dreams/periods/mood swings Importance of good hygiene Chance to ask questions</p>	<p>How do different relationships grow? What is a positive friendship? How would you feel in a negative friendship? How can you disagree respectfully? Can you resolve conflict? Who can help you?</p>